

# THE TERRACES

## SPA

### Foot or Head Massage

Duration: 30 minutes | Duration: 60 minutes

### Anti-Stress Back Massage

Duration: 30 minutes | Duration: 60 minutes

### Ayurveda Massage

Duration: 60 minutes | Duration: 90 minutes

### Thai Massage

Duration: 60 minutes | Duration: 90 minutes

### Deep Tissue Massage

Duration: 60 minutes | Duration: 90 minutes

### Aromatherapy Massage

Duration: 60 minutes | Duration: 90 minutes

### Stone Massage

Duration: 60 minutes | Duration: 90 minutes

### Shiatsu

Duration: 60 minutes | Duration: 90 minutes

All the prices are in Nepalese rupee and inclusive of all applicable taxes

# THE TERRACES FACIAL TREATMENTS

**Lotus (Professional) - Advanced Radiance Facial**  
(Helps improve both skin tone and texture)  
For all skin types- 90 minutes

**Lotus (Herbals)- Hydra vitals**  
(Anti- ageing)  
For all skin types- 60 minutes

**Lotus (Herbals) - Gold sheen**  
(Luxury facial to get flawless glow)  
For all skin types- 60 minutes

**Lotus (Herbals) - Diamond**  
(Deep cell activation)  
For all skin types- 60 minutes

**Preserveta (Age Refresh)**  
(Removes blackheads leaving skin smooth and toned)  
For all skin types- 60 minutes

## Beauty Services

- ❖ Eye Brows threading-
- ❖ Upper Lips threading-
- ❖ Full face threading-

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